

# 2025Osaka Castle Triathlon Schedule

【May 24(Sat.)】

Time	Event	Venue
13:00-14:00	Elite swim familiarization *Elite only	Swim Course
15:00-15:50	Elite Registration	Siromi Hall
16:00-16:50	Elite athlete briefing	Siromi Hall

※Age registration is available on th day only  
※The age group race briefing will be made available online prior to the event

【May 25 (Sun.)】

Time	Event	Venue
8:00	Traffic control start	Tamatsukuri-suji
(Elite women)		
6:45-7:15	Elite women athlete’s lounge open	Taiyo-no-Hiroba
7:15-7:55	Elite women’s transition area check-in	Transition area
7:30-7:55	Elite women’s swim warm up	Swim course
8:05-8:15	Elite women’s start ceremony	Swim course
8:15-9:30	Elite women’s competition	Venue
9:30-9:45	Elite women’s medal ceremony	Taiyo-no-Hiroba
(Elite men)		
8:45-9:15	Elite men athlete’s lounge open	Taiyo-no-Hiroba
9:15-9:55	Elite men’s transition area check-in	Transition area
9:30-9:55	Elite men’s swim warm up	Swim course
10:05-10:15	Elite men’s start ceremony	Swim course
10:15-11:30	Elite men’s competition	Venue
11:30-11:45	Elite men’s medal ceremony	Taiyo-no-Hiroba
(Age 1 <sup>st</sup> wave)		
9:25-9:55	1 <sup>st</sup> wave①② Age registration	Venue
9:55-10:25	1 <sup>st</sup> wave①② Age transition area check-in	Venue
10:55-11:30	1 <sup>st</sup> wave①② Age ankle band distribution and swim warm up	Swim course
11:30-15:10	1 <sup>st</sup> wave① Age competition(Standard)	Venue
11:32-15:12	1 <sup>st</sup> wave② Age competition(Standard)	Venue
15:20-	1 <sup>st</sup> wave①② bike pick up	Transition area
(Age 2 <sup>nd</sup> wave)		
10:45-11:15	2 <sup>nd</sup> wave①② Age registration	Venue
11:15-11:45	2 <sup>nd</sup> wave①② Age transition area check-in	Venue
11:45-12:20	2 <sup>nd</sup> wave①② Age ankle band distribution and swim warm up	Swim course
12:20-16:00	2 <sup>nd</sup> wave① Age competition(Standard)	Venue
12:22-16:02	2 <sup>nd</sup> wave② Age competition(Standard)	Venue
16:00頃-	2 <sup>nd</sup> wave①② bike pick up	Transition area
(Age 3 <sup>rd</sup> wave)		
11:40-12:10	3 <sup>rd</sup> wave①② Age registration	Venue
12:10-12:40	3 <sup>rd</sup> wave①② Age transition area check-in	Venue
13:20-13:55	3 <sup>rd</sup> wave①② Age ankle band distribution and swim warm up	Swim course
13:55-16:00	3 <sup>rd</sup> wave① Age competition(Standard)	Venue
13:57-16:02	3 <sup>rd</sup> wave② Age competition(Standard)	Venue
16:00頃-	3 <sup>rd</sup> wave①② bike pick up	Transition area
15:00-16:00	Age medal ceremony	Taiyo-no-Hiroba
15:45	Traffic control finished	Tamatsukuri-suji
16:00	Race completed	